The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.choosebind.com/ARUP, (Access code: ARUP2022), MyBind mobile app, www.MyBind.com website or call Bind Help at 1-866-683-6440. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-866-683-6440 to request a copy.

Important Questions	Answers	Why This Matters
What is the overall deductible?	$0	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible?	Yes	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	For network providers: $5,500 individual / $11,000 family For out-of-network providers: $11,000 individual / $22,000 family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums, balance billing charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.choosebind.com/ARUP, (Access code: ARUP2022), or call 1-866-683-6440 for a list of network providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No	You can see the specialist you choose without a referral.

All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information*
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$35 - $135 copayment/visit	$480 copayment/visit	Certain procedures performed in the office may have a higher office visit copayment. Copayments are listed as a range. Providers are assigned copayments within the range based on treatment outcomes and cost information that identifies network providers that provide cost-efficient care. These copayments may be updated on a regular basis. Virtual visits - $35 copay per visit by a Designated Virtual Network Provider. *Cost share applies to any other Telehealth service based on provider type. If you receive services in addition to office visit, additional copayments may apply.
	Specialist visit	$35 - $135 copayment/visit	$480 copayment/visit	
	Preventive care/screening/ immunization	No charge	$330 copayment/visit	You may have to pay for services that are not preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (e.g., x-ray, blood work)	**Routine diagnostic test:** No charge **Non-routine diagnostic test:** $45 - $1,050 copayment/visit	**Routine diagnostic test:** No charge **Non-routine diagnostic test:** $240 - $3,150 copayment/visit	Higher copayments may apply to certain non-routine diagnostic test.
	Imaging (CT/PET scans, MRIs)	$210 - $740 copayment/visit	$2,400 copayment/visit	Copayments are listed as a range. Providers are assigned copayments within the range based on treatment outcomes and cost information that identifies network providers that provide cost-efficient care. These copayments may be updated on a regular basis. Prior authorization is required for certain imaging tests or there may be no coverage.

*For more information about limitations and exceptions, see the plan or policy document at www.choosebind.com/ARUP, (Access code: ARUP2022). After you enroll visit the MyBind mobile app or www.MyBind.com website.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.choosebind.com/ARUP.	**Tier 1 drugs**	**PBM Retail** $5 copayment 1-30 day supply $10 copayment 31-60 day supply $15 copayment 61-90 day supply **Mail Order** $5 copayment 1-30 day supply $10 copayment 31-60 day supply $12.50 copayment 61-90 day supply	Not covered	Certain Tier 1 drugs are available with $0 copayments, including prescribed generic contraceptives and tobacco cessation medications. To learn more about drug tiers and about copayments for specific drugs, visit www.choosebind.com/ARUP, (Access code: ARUP2022), the MyBind mobile app or www.MyBind.com website. Prior authorization is required for certain drugs or there may be no coverage.
	Tier 2 drugs	**PBM Retail** $30 copayment 1-30 day supply $60 copayment 31-60 day supply $90 copayment 61-90 day supply **Mail Order** $30 copayment 1-30 day supply $60 copayment 31-60 day supply $75 copayment 61-90 day supply	Not covered	
	Tier 3 drugs	**PBM Retail** $145 copayment 1-30 day supply $290 copayment 31-60 day supply $435 copayment 61-90 day supply **Mail Order** $145 copayment 1-30 day supply $290 copayment 31-60 day supply $375 copayment 61-90 day supply	Not covered	
	Tier 4 Specialty drugs	**30-Day Supply** $145 copayment	Not covered	Specialty drugs are not covered at a 90-day supply. Prior authorization is required for certain specialty drugs or there may be no coverage.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information*
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	$65 - $3,750 copayment/visit	$290 - $10,000 copayment/visit	Copayments are listed as a range. Providers are assigned copayments within the range based on treatment outcomes and cost information that identifies network providers that provide cost-efficient care. These copayments may be updated on a regular basis. Prior authorization is required for certain outpatient surgery or there may be no coverage.
	Physician/surgeon fees	Included in the facility copayment	Included in the facility copayment	
If you need immediate medical attention	Emergency room care	$700 copayment/visit	$700 copayment/visit	Copayment is waived if admitted within 24 hours. Out-of-network emergency room care visit copayment applies to the in-network out-of-pocket limit.
	Emergency medical transportation	$650 copayment/transport	$650 copayment/transport	Prior authorization is required for non-emergency medical transportation or there may be no coverage. Out-of-network emergency medical transportation copayment applies to the in-network out-of-pocket limit.
	Urgent care	$80 copayment/visit	$240 copayment/visit	None
If you have a hospital stay	Facility fee (e.g., hospital room)	$600 - $3,750 copayment/stay	$2,600 - $10,000 copayment/stay	Copayments are listed as a range. Providers are assigned copayments within the range based on treatment outcomes and cost information that identifies network providers that provide cost-efficient care. These copayments may be updated on a regular basis. Prior authorization is required for non-emergency facility admissions and inpatient surgery or there may be no coverage.
	Physician/surgeon fees	Included in the facility copayment	Included in the facility copayment	

*For more information about limitations and exceptions, see the plan or policy document at www.choosebind.com/ARUP, (Access code: ARUP2022). After you enroll visit the MyBind mobile app or www.MyBind.com website.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	**Home/Office**: $35 copayment/visit **Outpatient Facility**: $150 copayment/visit	**Home/Office**: $330 copayment/visit **Outpatient Facility**: $450 copayment/visit	Certain procedures/services in the outpatient setting may have a lower copayment. Prior authorization is required for certain outpatient services or there may be no coverage.
	Inpatient services	$2,550 copayment/stay	$8,000 copayment/stay	Certain procedures/services in the inpatient setting may have a lower copayment. Prior authorization is required for certain inpatient services or there may be no coverage.
If you are pregnant	Office visits	No charge	$330 copayment/visit	Cost sharing does not apply to preventive services with network providers. Depending on the type of service, a copayment may apply.
	Childbirth/delivery professional services	Included in the facility copayment	Included in the facility copayment	One copayment for all covered services related to childbirth/delivery, including the newborn, unless discharged after mother. Copayments are listed as a range. Providers are assigned copayments within the range based on treatment outcomes and cost information that identifies network providers that provide cost-efficient care. These copayments may be updated on a regular basis. Prior authorization is required for inpatient stays beyond 48 hours following a normal vaginal delivery or 96 hours following a cesarean section delivery or there may be no coverage.
	Childbirth/delivery facility services	$1,350 - $3,050 copayment/stay	$10,000 copayment/stay	

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information*
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need help recovering or have other special health needs	Home health care	$35 copayment/visit	$140 copayment/visit	No visit limits. Prior authorization is required for certain home health care services or there may be no coverage.
	Rehabilitation services	$15 - $40 copayment/visit	$100 copayment/visit	No visit limits. Visit limits are a combination of network providers and out-of-network providers per person per plan year. Copayments are listed as a range. Providers are assigned copayments within the range based on treatment outcomes and cost information that identifies network providers that provide cost-efficient care. These copayments may be updated on a regular basis. For mental health related therapies, see Section 5: Covered Health Services*
	Habilitation services	$15 - $40 copayment/visit	$100 copayment/visit	
If you need help recovering or have other special health needs	Skilled nursing care	$1,900 copayment/stay	$9,000 copayment/stay	No visit limits. Prior authorization is required or there may be no coverage.
	Durable medical equipment (DME)	$0 - $1,000 copayment/ equipment based on DME tier	$20 - $2,000 copayment / equipment based on DME tier	For DME tiers and limitations, visit www.choosebind.com/ARUP, (Access code: ARUP2022), the MyBind mobile app or www.MyBind.com website. Prior authorization is required for certain DME or there may be no coverage.
	Hospice services	**Home**: $35 copayment/visit **Inpatient**: $2,550 copayment/stay	**Home**: $260 copayment/visit **Inpatient**: $8,000 copayment/stay	Prior authorization is required for certain hospice services or there may be no coverage.
If your child needs dental or eye care	Children's eye exam	No charge	$480 copayment/visit	One exam per person per plan year
	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

*For more information about limitations and exceptions, see the plan or policy document at www.choosebind.com/ARUP, (Access code: ARUP2022). After you enroll visit the MyBind mobile app or www.MyBind.com website.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (Adult)
- Hearing aids
- Long term care
- Non-emergency care when traveling outside the U.S.
- Private duty nursing
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (12 visit limit per person per plan year)
- Bariatric surgery
- Chiropractic care (12 visit limit per person per plan year)
- Infertility treatment (limitations apply)
- Routine eye care (Adult) (limited to one exam per person per plan year.)
- Routine foot care (for certain conditions)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for the agency is: the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cms.gov/cciio. You may also contact Bind Help at 1-866-683-6440. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Bind Help at 1-866-683-6440.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-866-683-6440.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this **plan** might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your **providers** charge, and many other factors. Focus on the **cost sharing** amounts (**deductibles**, **copayments**, and **coinsurance**) and **excluded services** under the **plan**. Use this information to compare the portion of costs you might pay under different health **plans**. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)	
■ **The plan's overall deductible**	**$0**
■ **Specialist copayment**	**$0**
■ **Hospital (facility) copayment**	$3,050
■ **Other copayments**	$330

This EXAMPLE event includes services like:

Specialist office visits *(prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests *(ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	**$12,700**

In this example, Peg would pay:

Cost sharing	
Deductibles	**$0**
Copayments	$3,380
Coinsurance	**$0**
What isn't covered	
Limits or exclusions	**$20**
The total Peg would pay is	**$3,400**

Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-controlled condition)	
■ **The plan's overall deductible**	**$0**
■ **Specialist copayment**	$35
■ **Hospital (facility) copayment**	**$0**
■ **Other copayments**	$2,065

This EXAMPLE event includes services like:

Primary care physician office visits *(including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$5,600**

In this example, Joe would pay:

Cost sharing	
Deductibles	**$0**
Copayments	$2,100
Coinsurance	**$0**
What isn't covered	
Limits or exclusions	**$0**
The total Joe would pay is	**$2,100**

Mia's Simple Fracture (in-network emergency room visit and follow up care)	
■ **The plan's overall deductible**	**$0**
■ **Specialist copayment**	$70
■ **Hospital (facility) copayment**	$700
■ **Other copayments**	$830

This EXAMPLE event includes services like:

Emergency room care *(including medical supplies)*
Diagnostic tests *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$2,800**

In this example, Mia would pay:

Cost sharing	
Deductibles	**$0**
Copayments	$1,600
Coinsurance	**$0**
What isn't covered	
Limits or exclusions	**$0**
The total Mia would pay is	**$1,600**

Note: These numbers assume the patients have chosen a provider at the minimum of the copayment range for all services with the exception of Peg's labor and delivery. Peg has chosen a provider at the maximum copayment range for her labor and delivery. For more information on the network and/or copayments, please visit www.choosebind.com/ARUP, (Access code: ARUP2022), the MyBind mobile app, www.MyBind.com website, or call Bind Help at 1-866-683-6440.

The plan would be responsible for the other costs of these **EXAMPLE** covered services.